

Orange County Therapy Services

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SENSORY SCREENING CHECKLIST

VESTIBULAR SYSTEM:

- Difficulty sitting still in seat
- Fears movement
- Appears oblivious of risk of heights and moving equipment
- Constant motion
- Becomes sick easily in cars, elevators, or rides
- Poor organization
- Engages in self-stimulatory movement, such as spinning, rocking, bouncing or jumping

TACTILE:

- Avoids touch or contact
- Seems overly sensitive to touch
- Touches objects or people excessively
- Mouthing of inappropriate objects
- Finicky or “picky” eater
- Appears oblivious to minor pains
- Dislikes using messy classroom materials, such as glue, finger paints, sand, clay
- Difficulty standing line or close one-on-one instruction

PROPRIOCEPTION:

- Exerts too much pressure or not enough when handling objects, such as tools, writing device, and toys
- Seeks rough or tumble play
- Difficult getting on and off playground equipment
- Bumps into objects
- Drops objects
- Appears delayed in gross or fine motor skills
- Often falls out of chair or poor postural control

VISUAL:

- Difficulty with puzzles, shapes, and letters
- Difficulty with writing activities
- Reversals beyond second grade
- Unusual sensitive to light or bright colors
- Self-stimulatory behavior, such as spinning objects or watching finger movements

AUDITORY:

- Becomes upset with loud noises
- Avoids bathrooms with toileting flushing and hand dryers
- Hums or sings excessively
- Covers ears frequently

If child demonstrates some of these characteristics referral to occupational therapy may be appropriate