



**CSHA State Convention
Monterey, Marriott
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**Speaking from the Outside-In Through Tactile
Communication**

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TouchTime™

Baby Steps

www.touch-time.com

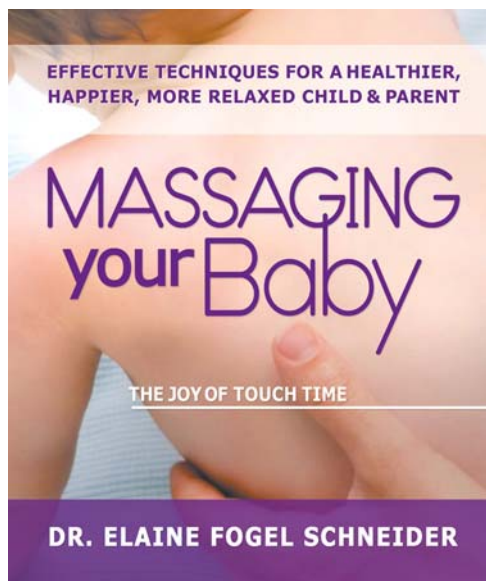
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Excerpted from *Massaging Your Baby–The Joy of TouchTime™*
by Dr. Elaine Fogel Schneider, (Square One Publishers, 2006)

Did you know...

- ✚ The first language of communication is the language of touch
- ✚ Nurturing touch aids in
 - Facilitating growth and development
 - Developing secure attachment
 - Facilitating eye focus, and vocalizations
 - Improving health and overall well-being
 - Increasing cognitive skills
 - Strengthening parent-infant interactions
 - Establishing a foundation upon which communication grows
- ✚ Speech-language pathologists are in a primary position to instruct caregivers on how to use TouchTime™ with children in their care
- ✚ ***“If a picture is worth a thousand words, then a touch is worth a million.”*** ©2006 Dr. Elaine Fogel Schneider

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TouchTime™ Baby Massage benefits children receiving the massage and caregivers giving the massage

TouchTime™ benefits families and infants or children with:

- Autism Spectrum Disorder – (Michael and Caroline)
 - Cerebral Palsy – (Patrick and Janine)
 - Down Syndrome – (Ryder and Mark)
 - Multiple Disabilities – (Celine and Barbara)
 - Premature Conditions – (Jucinda and Roberta & Caleb and Lily)
("Fussy Baby" Conditions)
- and many more types of challenges!

TouchTime™ permits you to:

- ✚ Develop a positive, nurturing relationship with the families you serve as they develop a positive and nurturing relationship with each another
- ✚ Lay the foundation for primal communication
- ✚ Cultivate bonding and attachment between caregiver and child
- ✚ Facilitate parents' observation of their children's behavior
- ✚ Provide discovery of family strengths
- ✚ Further parent competence and reduce helplessness
- ✚ Create a "listening" for the child
- ✚ Improve interaction skills with give and take and following the child's lead advancing the child's pre-linguistic skills
- ✚ Encourage body awareness for the child with increased range of motion; increased or decreased muscle tone; reduced hypersensitivity
- ✚ Promote a soothing, calming and joyful foundation -encouraging well-being and a secure structure from which to communicate!

Schneider, Elaine Fogel. (2006). *Massaging Your Baby – The Joy of TouchTime™* Garden City Park: New York, Square One Publishers.

